

# #CHWA2021 CULTURE & HEALTH INEQUALITIES

VICTORIA HUME MAR 16, 2021 08:04AM

## Context - health & cultural inequalities in the UK

### Covid-19: The Great Unequaliser

The first half of this presentation reports the impact of the pandemic on the profile of the creative workforce, the second half the impact on audience profiles. By the Centre for Cultural Value

#### Webinar: Covid-19: "The great unequaliser?" - CultureHive

© Image: Clockwise from top left; Anne Torreggiani, Lara Ratnaraja, Dr Roaa Ali, Ben Walmsley Is the pandemic the catalyst the sector needs to build a more equal future? What questions should we be asking and how can we accelerate the pace of change?

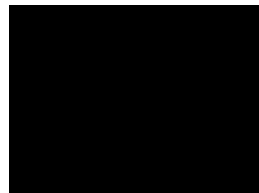
CULTUREHIVE



### IncArts Unlock: a brand new antiracism tool for the cultural sector

Home | incartsunlock

INCARTSUNLOCK



### The Silencing of Voices when Speaking Out about Racism

Olatunde Spence, Akoma Healing H'Arts

#### The Silencing of Voices When Speaking Out About Racism (posted in May 2020)

This week I felt it was important to share a video that showed a police officer tasering a Black man in front of his child in petrol station. This is just one of a number of incidents in Manchester where disproportionate use of Conducted Energy Devices (Taser) have been used against Black people.

AKOMA HEALING H'ARTS



### Racism and anti-racism in counselling and psychotherapy training

Olatunde Spence, Akoma Healing H'Arts

#### Racism and anti-racism in counselling and psychotherapy training

As an art therapist and trainee psychotherapist we wanted to proactively respond to issues arising from #Black Lives Matter Protests and the current debates taking place in professional forums on Social Media. Our response includes designing a survey for counsellors and psychotherapists to capture experiences and the issues that have arisen when discussing racism on...

AKOMA HEALING H'ARTS



### Mitigating ethnic disparities in covid-19 and beyond

Although socioeconomic status partly explains ethnic disparities seen with covid-19, cultural and structural racism also adversely affect health, argue Mohammad Razai and colleagues. The disproportionate effect of covid-19 on ethnic minorities in some high income countries throws into sharp relief the effects of racism on health.

THE BMJ



## The resignation of Black Cultural Archives from the Windrush Commission

Via the Museums Association

### Black Cultural Archives resigns from Home Office group after race report

Black Cultural Archives (BCA), the south London archive and museum dedicated to Black British history, has resigned from the Home Office's Windrush working group following the publication of a government-backed report that claimed to find no evidence of structural racism in the UK.

MUSEUMS ASSOCIATION



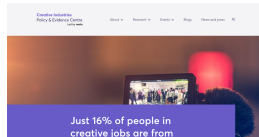
## "Just 16% of people in creative jobs are from working class backgrounds"

via NESTA

### Creative Industries Policy & Evidence Centre

New research(1) from the Creative Industries Policy and Evidence Centre (PEC) shows widespread class imbalances in the UK's Creative Industries. Only 16% of people in creative jobs are from working class backgrounds, compared to almost a third of all workers from these origins.

PEC



## Key workers engage less with the arts during covid than others...

...although the arts are protective of our mental health (Mak, Fluharty and Fancourt 2020)

### Predictors and impact of arts engagement during the COVID-19 pandemic: analyses of data from 19,384 adults in the COVID-19 Social Study



Objectives. The global COVID-19 pandemic in 2020 heavily affected the arts and creative industries due to the instigation of lockdown measures in the UK and closure of venues. However, it also provided new opportunities for arts and cultural engagement through virtual activities and streamed performances.

PSYARXIV

### Unfair British care | MHT

The extent to which mental health care is failing black patients has been laid bare in the latest state of the nation report compiled by the Equality and Human Right Commission (EHRC). 'Is Britain Fairer? 2018', released today, compares the UK's current record on equality and human rights with the low standard revealed in its previous review, published in 2015.

MHT



## The Bias Diagnosis

A podcast on health inequalities by [Ivan Beckley](#), [Emma Barnaby](#), [Yero Timi-Biu](#), [Anishka Sharma](#), [Tej Adeleye](#)

### The Bias Diagnosis

Check out this great listen on Audible.com. Five patients, one treatment room, and a broken healthcare system. Ivan Beckley is about to become a fully-qualified doctor in the UK. But he's not convinced that healthcare works for everyone equally. In this series he uncovers one of the bi...

AUDIBLE.CO.UK



## Marmot 10 years on (2020)

## Marmot 10 Years On - What now?

The Health Foundation and the Institute for Health Equity have launched their report Health Equity in England: The Marmot Review 10 Years On, showing that health inequalities are increasing. Culture remains largely absent from its the recommendations, although the report

CULTUREHEALTHANDWELLBEING



## For your table discussions

### Please add your thoughts and responses below this question:

We have two challenges in culture, health and wellbeing. One is culture, and the other is health. How can bringing these two historically unequal spaces together possibly foster greater equality?

*One example: culturally, men are generally conditioned to be "strong" and not to show weakness in any form. This of course affects their mental well being which in turn affects their physical health. Tackling the issue of what true strength is, providing safe spaces for men and urging older men to mentor the younger ones will go a long way in addressing both the cultural and health issue. And this issue affects women too for example in the case of domestic abuse.* — ANONYMOUS

*really helpful comment thanks...* — VICTORIA HUME

## Organisations & projects working with culture/creativity to tackle health inequalities

### #WSNBR's consultation for members to help plan a more inclusive and accessible future for disabled artists and arts workers- fill in the survey here!

#### #WeShallNotBeRemoved

WeShallNotBeRemoved is a UK disability arts alliance formed as an emergency response to the pandemic. #WeShallNotBeRemoved is a forum to advocate, to campaign and support D/deaf, neurodivergent and disabled creative practitioners and organisations through and after Covid19.

WESHALLNOTBEREMOVED



#### Accentuate

0:56 video

PADLET DRIVE

*This looks great! How do I engage further!?! :) — NATALIEJANEMOOR*

#### Hip Hop HEALS

Hip Hop for Health, Education, Arts & Life Skills

HIP HOP HEALS



#### Creativity and Mental Health

When you just don't have the words... Art therapy is a form of psychotherapy that helps you to express your feelings and thoughts. Art psychotherapy can help you explore difficulties you are experiencing.

AKOMA HEALING H'ARTS



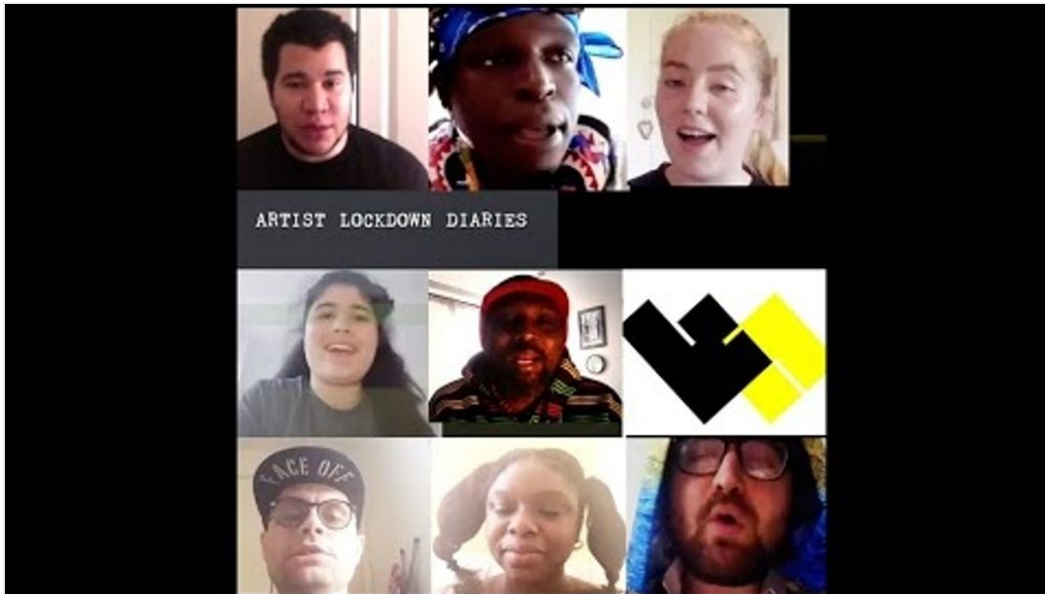
### Mental Health Events | The Red Earth Collective | United Kingdom

The Red Earth Collective uses the arts to inspire stories, stimulate thinking and to create conversations that support and improve the mental health and wellbeing of marginalised and racialised communities.

RED EARTH COLLECTIVE



## Key Changes Lockdown Video Diaries



### Key Changes Lockdown Video Diaries - Crucial Whynicotics

by keychanges

YOUTUBE

### Happy Healthy People Living Active and Connected Lives

By working collaboratively with communities we aim to bring about sustainable change on an social, environmental and economic level; to do the social knitting required to create stronger and more resilient communities and to support communities to identify, mitigate and remove the barriers that prevent them from living active and connected lives.

THEAWS



## Intermission Youth

### Intermission Youth

Intermission Youth gives young people the tools to make positive life choices, to become the best version of themselves through theatre and Shakespeare. On this channel we'll be posting performance, poetry, interviews and top tips from theatre, TV and film practitioners/influencers. Interested? Hit that SUBSCRIBE button and we'll see you in the comments.

YOUTUBE



## Culture Box

### Guest blog: Errol Francis on the Culture Box project

A new research study, Culture Box, is based at the University of Exeter, funded by the Arts and Humanities Research Council and led by psychologist Professor Victoria Tischler. The study addresses two urgent challenges. Firstly, providing COVID-19 public health information for those with cognitive impairment, specifically people with dementia living in care homes.

CULTUREHEALTHANDWELLBEING



## Other orgs/alliances focusing on health and/or cultural inequalities

## A collection of arts resources for exploring health inequalities

### inequality - theartofmedicine

The links between poverty and poor health are well established but were you aware that inequality impacts negatively on the health of every member of a community? When I started research for this page I wrote down a number of questions these were: What is inequality?What causes it?What is the different between equity and equality?What causes poverty?Why does ...

THEARTOFMEDICINE



## Fairhealth



## Fairhealth

About us and our mission Fairhealth is a registered charity, with the following aims: Working to actively confront individual, collective, institutional, and structural discrimination and prejudice that worsen health inequalities, including racism.

FAIRHEALTH



## UBELE

MEL England Programme is a capacity support and development programme targeted to the needs of micro and small Black, Asian and minority ethnic (BAME) led voluntary and community organisations who have been impacted on negatively by the pandemic.

UBELE



A new Baring Foundation fund designed to support activity to redress the under-representation of participatory artists from ethnically diverse communities in arts and mental health.

## New funding for creativity, mental health and people from ethnically diverse backgrounds - The Baring Foundation

Our Arts programme is today launching a new fund for projects that promote the role of creativity in the lives of people with mental health problems from ethnically diverse backgrounds. Our research so far suggests that there are few diverse-led organisations specifically devoted to arts and health work and that ethnically diverse people are not well represented as service-users or in its workforce.

THE BARING FOUNDATION



## RCP Inequalities in Health Alliance

### Members of the Inequalities in Health Alliance

The Inequalities in Health Alliance is a coalition of organisations with an interest in improving the health of the UK who have come together to campaign for a crossgovernment strategy to reduce health inequalities.

RCP LONDON



## OPUS Music

Currently devising a programme to explore barriers to accessing training and practice for underrepresented communities - focussing initially on racial justice within Music and Health. Would be great to talk with others interested in this area of work/already working on this. [nick@opusmusic.org](mailto:nick@opusmusic.org)

[WWW.OPUSMUSIC.ORG](http://WWW.OPUSMUSIC.ORG)

## Strengthening inclusion in the Arts for Health & Wellbeing

Race Equality Foundation / Flourishing Lives initiative funded by the Baring Foundation

### Strengthening BAME Inclusion in Health and Wellbeing Services

This project was initiated as a result of conversations between Race Equality Foundation, Flourishing Lives, and HEAR Equality and Human Rights Network. The plan was to bring together arts and wellbeing professionals from across the Flourishing Lives coalition and representatives from Black, Asian and Minority Ethnic voluntary and community groups for open and exploratory conversations.

RACEEQUALITYFOUNDATION



## Catch up : Panel Recording

### Culture & Health Inequalities panel

Chaired by Prof Helen Chatterjee with Sandra Griffiths, Esther Fox, Olatunde Spence, Baby J, John McMahon and Kiz Bangerh

## Ubele Initiative



#### CHWA Conference 2021: Culture & Health Inequalities Panel [TRIGGER WARNING]

by Culture, Health & Wellbeing Alliance

YOUTUBE

## Please add anything you'd like to...

Working in the media of photography, experimental film and poetry since the 1970s I feel privileged to be working in new ways especially in the community , my latest Arts Council England three year project ONLY THE LONELY ? Extended till 2022 is challenging during the pandemic , several different exhibitions in the pipeline, some completed, and connecting with diverse places from the Art House in Wakefield and my home ground in Derbyshire and Nottinghamshire with City Arts, Broadway, Artcore and Air Arts etc . Making new connections and exciting collaborations on joint work with a local extraordinary artist- Fi Marks .

see

<https://www.facebook.com/lonelytony54> and my monthly blog MH

<https://madcovid.wordpress.com/2021/02/11/brave-new-world-29/>

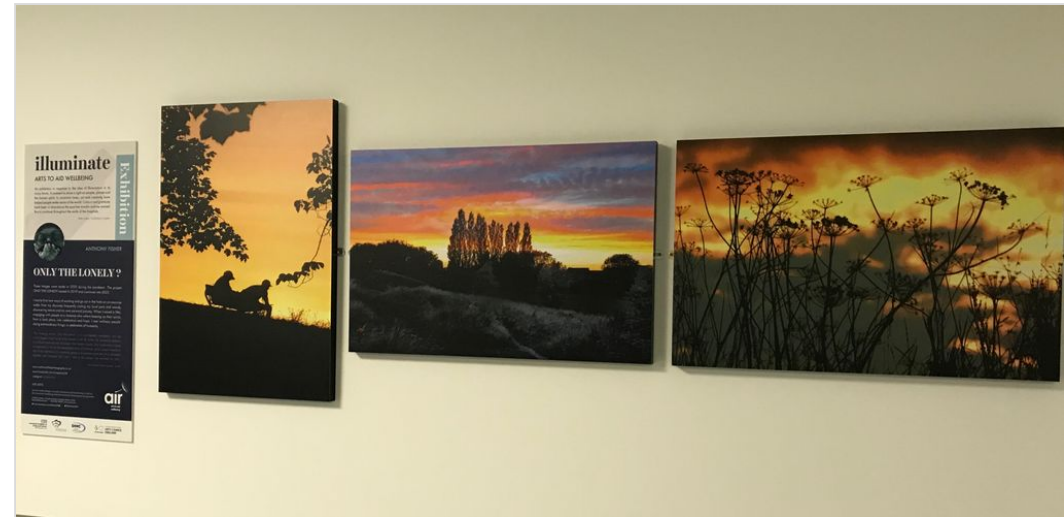
Tony's work captured a profound, magical moment. At first glance, his photographs of The Belper Moo are simply images of silliness and brevity, during the gloomy period of lockdown but scratch the surface and you see humanity breaking down the artificial walls of enforced isolation. Covid-19 highlighted how fragile we are but also how strong we can be together. Tony Fisher's poignant images capture that understanding. We need each other more than ever.

Jasper ward / moo master

image : selection from AIR ARTS "ILLUMINATE" recent show 2020/2021

*I have known Tony for over 40 years and have followed his career with interest and admiration since he was a student of mine at Trent Polytechnic in the 1970s .. He has a unique vision, which is intelligent and imaginative, and these projects, which seek to meld the past with the present, are typical of his range of interests and the relationship he has with his 'HOME GROUND' "*

Professor Paul Hill



## Head back to the General Noticeboard...

## #CHWA2021 General Noticeboard

by Victoria Hume

PADLET



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