



# key changes

Promoting positive mental health through music

## CALL FOR PROPOSALS:

### Mental health service experimental research design, implementation & dissemination

Budget allocated for research design & delivery	£15,000
Budget allocated for research publication & peer review	£2,500
<b>TOTAL BUDGET: £17,500</b>	

Key Changes provides award-winning recovery-focused music industry mentoring programmes in hospitals and the community for people with wide-ranging mental health challenges including anxiety, depression, PTSD, bipolar and schizophrenia.

Please also see [www.keychanges.org.uk/about-our-work/#about\\_work](http://www.keychanges.org.uk/about-our-work/#about_work)

This opportunity is for a confident, highly motivated researcher/team with mental health and social care expertise to design, deliver and disseminate a scientific study of our service's impact on individual mental health recovery. This will focus on identifying the psycho-social/cognitive behavioural and symptomatic changes experienced by people with psychotic disorders.

We are seeking innovative but clinically valid approaches, which will be used to inform prospective and existing service commissioners from NHS mental health and local authority social care settings. The findings must therefore:

- (i) Be professionally relevant to a wide range of practitioners including psychiatrists, occupational therapists & social workers
- (ii) Contribute to the availability of accessible headline data for use in our professional communications with these audiences (information leaflets, brochures, posters etc)

As it is essential that research findings and conclusions are peer-reviewed, we are looking for applicants with a proven track record in producing robust, peer-reviewed evaluative research.

**We require all work to be completed (including implementation of the dissemination strategy) by 31<sup>st</sup> July 2023 at the latest.**



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## Service specification

We will provide a project coordinator/research assistant who would be available to support the researcher/team for 8-10 hours per week – for example supporting lab session scheduling and other administration.

We can also provide some ongoing control group access through waiting lists for the service (typically 2-6 weeks).

As a minimum, applicants are expected to outline their proposed approach to the following deliverables:

- Literature review of existing relevant reports, statistics, and service evaluations
- Delivery of innovative, service-user friendly 'lab session' activities to measure in real time symptomatic changes experienced in our music studio sessions & other programme activities
- Regular interim reports for charity management/stakeholders
- Broad dissemination strategy and relevant reach of evaluation findings, including via peer reviews, submissions for journal entries, conference presentations etc.

Research findings may also be shared widely with audiences and publications of the researcher/team's choosing (subject to prior notice/approval).

## How to make an application:

Please complete the attached application form, and return to Christina Lake, Development Manager, by 5pm Friday 9<sup>th</sup> September 2022 (address below).

Applicants may attach up to two additional pages (in PDF format) to help illustrate/support their proposal.

Should you wish to discuss the project in more detail, please email Christina Lake (Development Manager) by 5pm Friday 26<sup>th</sup> August 2022 to arrange a phone appointment. [christina@keychanges.org.uk](mailto:christina@keychanges.org.uk)



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## Application Form

### **Mental health service experimental research design, implementation & dissemination**

1. Please give examples of the specific research questions you would seek to investigate in your activities (100 words max)
2. Please summarise the activities you would deliver (within the agreed budget) to support our research aims - giving an estimated timeline for literature review, lab sessions, and your dissemination strategy (including which journals you would approach to achieve peer review) (500 words max)
3. Please give an approximate breakdown of how funding would be used (200 words max)
4. Please summarise any professional/academic credentials, publications and other prior experience that would help to highlight your suitability to assist in this research (300 words max)
5. Please highlight any risks or ethical considerations that may apply to this work and how you would expect to manage and mitigate these. (200 words max).