

# The Arts & Health South West Annual Conference 2019

## Creativity at the Heart of Human Flourishing

**Thursday 31 Oct & Friday 01 Nov 2019**

**9am - 5pm Ocean Studios, Plymouth**

**DAY 1:** Developing a collaborative regional strategy for arts and health

**DAY 2:** In Partnership with Public Health England South West - Loneliness and Mental Health

### **TICKET PRICES:**

#### **1-Day Tickets**

- ▶ **Concessions £40** 10 available per day, available until 17th October
- ▶ **Early Bird (AHSW Members) £55** available until 14th September
- ▶ **Early Bird (Regular) £60** available until 14th September
- ▶ **Standard (AHSW Members) £65** available until 17th October
- ▶ **Standard £70** available until 17th October

#### **2-Day Tickets**

- ▶ **Standard £110** available until 17th October

Tickets can be purchased via Eventbrite [HERE](#).

To book a 2-day ticket, please select **DAY 1** and then select **2-Day ticket** from the ticket options. For all other tickets please select the preferred date and then the ticket type. To pay by invoice, please select 'request invoice' at the point of payment and proceed with your booking – a member of Arts & Health South West staff will email you your invoice within 3 working days. Please make sure all invoices are paid before the event start date.

# PROGRAMME

## DAY 1 – THURSDAY 31ST OCTOBER

### Developing a collaborative regional strategy for arts and health, and Annual General Meeting

**Introduction:** Our collaborative regional strategy identifies loneliness, mental health and social prescribing as regional priorities.

**Collaboration:** At what geographic scale does collaboration between arts and health providers and practitioners make sense to you?

We will learn about collaborative work in three different localities: the Community Connections social prescribing project in South Ward in Weston-super-Mare; work across Torbay led by Torbay Culture; and strategic initiatives with Cornwall County Council (Steve Brown, Deputy Director of Public Health, Cornwall and the Isles of Scilly and Jayne Howard, Director, Arts Well UK CIC)

**Co-production:** how do we ensure that people with lived experience of ill-health are part of our discussions and plans at every stage? Panel discussion

**Breakout sessions** will give you an opportunity to contribute to the development of the regional strategy and to get creative.

## DAY 2 – FRIDAY 1ST NOVEMBER

### Partnership with Public Health England South West: Loneliness and Mental Health

On October 1st & 8th Public Health England South West and Arts & Health South West will lead webinars on how arts and culture can help tackle loneliness. Find out about the webinars [here](#). We will build on these webinars in a day of talks and discussions on Day 2 of the AHSW Annual Conference.

**Keynotes:** Dr Daisy Fancourt, Associate Professor at University College London; Lily Makurah, National Lead Public Mental Health, Public Health England

**Breakout sessions** will offer opportunities to make connections with people working across the fields of arts, culture, health and social care.

For more information contact Hannah at [info@ahsw.org.uk](mailto:info@ahsw.org.uk)

[www.ahsw.org.uk/news-events/ahsw-conference/](http://www.ahsw.org.uk/news-events/ahsw-conference/)