

**“ Good
support
supports
good
practice”.**

Artists Practising Well:

**Affective support for creative and cultural practitioners working with
health and wellbeing**

Thursday 13TH June 2019, 2-5pm*

One Hoe Street, Walthamstow

***Arrival from 1.30pm, networking until 6pm**

apw #creativityandwellbeing

The Artists Practising Well event brings together cultural leaders to explore frameworks of support for creative practitioners working in health and wellbeing contexts.

Nicola Naismith, author of Artists Practising Well, will highlight the key findings from her research and together with the panel and audience expertise, will explore current provision and future ambitions.

Event Schedule

1.30	Arrivals
2.00	Speakers: Nicola Naismith Gail Babb Jess Plant
2.50	Questions
3.00	Break
3.30	Break out discussion groups
4.15	Reconvene for groups feedback / panel discussion
4.50	Closing remarks from the Chair
5.00	Networking
6.00	Close

Speakers

Nicola Naismith

Nicola Naismith is the author of Artists Practising Well, a research study exploring affective support for creative practitioners working in health and wellbeing settings. The research was funded by the Arts and Humanities Research Council and Clore Leadership. In 2017/18 she was the Visual Artist fellow on the Clore Leadership programme supported by a-n, The Artists Information Company. During her fellowship she wrote a [The Autonomous Artist](#) exploring a series of topics including failure the precariat and universal basic income, diversity in trustee boards, and portfolio working and mental health. Her creative practice is focused on Context is Half the Work and she has collaborated with professionals from science, engineering and architecture on self initiated residencies and collaborative investigations. Having worked in Further and Higher Education for a number of years she is now a visiting lecturer, mentor, coach and action learning facilitator.

Twitter: [@nicolanaismith1](#)

Gail Babb

Gail Babb is a Theatre maker, producer and lecturer at Goldsmiths College. She is a Clore Fellow and trustee of London Arts in health Forum.

Twitter: [@AfroBabb](#)

Jessica Plant

Jessica Plant is the Director of the [National Criminal Justice Arts Alliance \(NCJAA\)](#). Her current role involves supporting and engaging its network, influencing policy and working with academics to publish and disseminate research to help widen the understanding of arts within criminal justice”.

At Artists Practising Well Jess will talk about the NCJAA mentoring scheme and why reflective practice is crucial when using arts in criminal justice setting

Twitter: [@ArtsCJS](#)

Jenni Regan

Jenni Regan is Director of the [London Arts in Health Forum](#), a membership organisation which aims to develop the role of culture in wellbeing and to promote and support arts in health activity across London and nationally. Jenni is the chair for this event.

Twitter: [@LAHFArtsHealth](#)

Getting to One Hoe Street

Address: 1 Hoe St, Walthamstow, London E17 4SD

The venue advise travelling via public transport, the tube being the easiest option, as there are no parking spaces onsite and there is limited, short stay parking around the venue.

One Hoe Street is a short walk from the Walthamstow Central Tube Station on the Victoria Line.

Refreshments

To help to keep costs low, we are inviting delegates to bring their own refreshments.

Here are a few recommendations of local cafes and shops, close to the venue, where you can purchase snacks and drinks, prior to the event.

Wynwood Cafe and Buhler & Co both based on Chingford Road, opposite to the venue, provide great sandwiches and salads etc. Buhler & Co offer vegetarian and vegan options. There is also a small Tesco opposite the venue on Forest Road.

Partners and Collaborators

London Arts in Health Forum and the [Culture, Health and Wellbeing Alliance](#) are working with [Artillery](#) to bring this event to the London Borough of Culture during the [E17 Arts Trail](#), a festival that mobilises the talents and enthusiasm of artists, residents, businesses and communities.

This event is also part of [Creativity and Wellbeing Week](#), a UK wide festival celebrating and showcasing some of the incredible work going on around arts and health.

Twitter:

@LAHFArtsHealth

@CHWAlliance

@E17ArtTrail

#apw #creativityandwellbeing

