



All Party Parliamentary Group on Arts, Health and Wellbeing

**Place, Environment and Community
Round Table
Monday 16th January
House of Lords Committee Room 4
4-5.30pm**

The Place, Environment and Community Round Table is hosted by the All Party Parliamentary Group on Arts, Health and Wellbeing. It is one in a series of round tables in which practitioners, academics, policy makers, those with lived experience and managers of services are invited to share their knowledge and experience with parliamentarians. The information gathered will be used to inform policy recommendations for the Inquiry into Arts, Health and Wellbeing. You can find out more about the APPG and Inquiry here: www.artshealthandwellbeing.org.uk/appg

Lord Howarth of Newport, Co-Chair of the APPG on Arts, Health and Wellbeing, will welcome everyone to the meeting

Guest Chair: Sunand Prasad

Participants have been asked to consider the following questions:

What further evidence can we gather for the importance of the quality of the built environment and other design for health and wellbeing?

What policy recommendations would be most likely to secure a widespread recognition of this importance and a positive response in practice?

How can policy better support the arts to contribute to the development of social capital and strong communities?

After a discussion with the participants listed below, the Chair will open the discussion to the audience.

Participants:

Rachel Adam, Project Director (bait), Woodhorn Charitable Trust

Jacqui Bunce, Associate Director of East and North Herts Clinical Commissioning Group

Jane Duncan, Architect and President of the RIBA

Melissa Hardwick, Director, Kentish Town Improvement Fund

Teva Hesse, Director, London Branch, C F Møller

Raheel Mohamed, Founder and Director of Maslaha

Professor Jeremy Myerson, Helen Hamlyn Chair of Design, Royal College of Art

Lenny Naar, Design Strategist, Helix Centre, Imperial College

Andrew Simpson, Planner and Development Manager and Advisor to RIBA on healthcare design

Sandra Stancliffe, Head of Education and Inclusion, Historic England

Audience:

An invited audience will include representatives from King's College London, with whom we are collaborating on the APPG Arts, Health and Wellbeing Inquiry, the Inquiry Advisory Group and our other partner organisations: Nicola Crane, Head of Arts Strategy, Guy's and St Thomas's Charity and, on behalf of the Royal Society for Public Health Special Interest Group in Arts, Health and Wellbeing, Professor Paul Camic, Canterbury Christ Church University.

Further context

This round table will provide additional information for the Chapter in the Inquiry Report on Place, Environment and Community. Previous round tables have covered some aspects of this Chapter:

- Arts and Health Policy and Devolution, with regard to arts and health policy in the devolved governments as well as the evolving situation within England, with a particular focus on Manchester
- Arts on Prescription and Social Prescribing
- Arts and Healthcare Environments

The Chapter has a very short introduction to the Natural and Built Environment at present (as below) and we would welcome any information relevant to this, as well as to the broader question about the development of social capital and strong communities.

4.1) The Natural and Built Environment

The Commission on Social Determinants of Health took account of the natural and built environment in which people reside, and Marmot argues that ‘there is evidence in abundance that living near and using green space is good for mental health. The key issue is urban green space as a majority of us, worldwide, now live in cities’. In the UK in the late 1990s, a resurgence of interest in the social value of the built environment, including its impact upon health and wellbeing, gave rise to initiatives such as the foundation of the Commission for Architecture and the Built Environment (CABE) and the government’s Better Public Buildings campaign. A review of public space conducted by CABE in 2004 pointed to the physical health benefits of recreational space.ⁱ

Other Chapter sub-heading so far are:

- Healthcare Environments
 - Children’s Healthcare Environments
 - Adult Healthcare Environments
 - Residential Care
 - Dementia-Friendly Design
 - End of Life
 - Artists in Healthcare Environments
- Place-Based Commissioning
- Arts on Prescription
- Museums on Prescription
- Age-Friendly Cities and Communities
- Dementia-Friendly Communities

Participant Biographies

Rachel Adam is Project Director of *bait* in South East Northumberland. Rachel is leading on a change programme, which aims to increase arts engagement and have a positive impact on well-being and levels of social energy and activism within communities. *bait* is one of twenty-one consortium-led Creative People and Places (CPP) programmes across England and Rachel also has responsibility for the CPP national peer learning programme. Rachel has extensive experience within the cultural sector and previous roles include Director of Juice – Newcastle Gateshead’s festival for children and young people and Head of Development at the Sage Gateshead.

Jacqui Bunce joined the NHS in Hertfordshire in 2002 and has focused on strategic planning and implementing change across the county. She led the development of the New QEII Hospital in Welwyn Garden City from inception to financial close, a project which was a key part of system-wide changes to health services. Opened in May 2015, the award winning New QEII hospital delivers new models of care to the local community and has incorporated art into the design of the building. It is designed to meet the needs of the local community now and as needs change in future years.

Jane Duncan became the 75th President of the RIBA on 1 September 2015. Jane Duncan Architects, an award winning practice of 16 architects and interior designers in Buckinghamshire, undertakes a mixture of high-end residential, sports and leisure, commercial and community projects. Trained at the Bartlett UCL, Jane set up in practice almost immediately after qualifying. She was 6 years Vice President Practice, and between 2013 - 2015 the RIBA’s Equality and Diversity champion. Jane is also a local community revitalisation champion, mentors and gives careers guidance to local school pupils.

Melissa Hardwick has worked as Director of Kentish Town Improvement Fund and founder of the Free Space Gallery since early 2011. The charity provides daily creative activities to improve wellbeing to patients of a number of GP practices as well as the local community with the programme and range of activities growing year on year. Activities include cycle maintenance workshops, a choir for people with chronic conditions, a dance group for people with Parkinson's, weekly art workshops and art therapy services. The charity is also renowned for its innovative and creative approach to especially mental health conditions winning the 2016 national Patients Choice Award from Building Better Healthcare. The gallery space provides opportunities for artists at all stages of their career with an interest in representing health in their work. Melissa has a personal interest in the creative arts and an academic history in human rights and archaeology researching the importance of material culture in the creation and maintenance of personal and collective identity.

Teva Hesse holds architectural degrees from Princeton University and U.C. Berkeley, and was a Regent's Fellow in his final year at Berkeley. He has practiced internationally, for 15 years in Denmark and in the UK since 2002. Teva has been lead designer for several landmark projects including the extension to the National Gallery in Copenhagen, the Darwin Centre 2 at London's Natural History Museum and the Sammy Ofer Wing at the National Maritime Museum. In his current position as director of the London branch of C.F. Møller Architects, Teva oversees a variety of healthcare, residential and cultural projects, and is the design team leader for the design of new mental health hospitals in South London.

Raheel Mohammed is the founder and director of Maslaha and has been profiled as one of Britain's 50 New Radicals in The Observer newspaper for pioneering creative change to some of society's most difficult issues. He has created award-winning resources which tackle inequalities in areas such as health, education, criminal justice system and gender inequality. Maslaha's health work is now used locally, nationally and internationally and recently won international recognition from the Rockefeller Foundation and Columbia university for its work in mental health. He has also designed and curated exhibitions which explore knowledge transfer across societies and cultures in partnership with the British Council. He is currently adapting a Colombian model for whole school change to a UK context.

Jeremy Myerson is a design writer and academic. He is the Helen Hamlyn Professor of Design at the Royal College of Art, a Visiting Fellow in the Oxford Institute of Population Ageing at the University of Oxford, and Director of the WORKTECH Academy, a global knowledge network on the future of work. He co-founded the Helen Hamlyn Centre for Design at the RCA in 1999 and was its director for 16 years, helping to pioneer the practice of inclusive design in relation to healthcare and ageing. He is the author of many books on design and innovation.

Lenny Naar is a design strategist at Helix Centre, a design studio inside St. Mary's Hospital in London. Formally trained as a communication designer, Lenny has devoted his career to genuinely understanding people and using design to make their lives better. Lenny has led the development of Helix Methods — a practical set of tools to increase empathy on the frontlines of healthcare. The Helix team work to translate research into evidence-based solutions that deeply connect with people's needs. In addition to working with numerous design consultancies, Lenny worked inside a major U.S. health insurance company on population health management tools to support value-based care. Lenny also recently co-founded Prescribe Design, a community aimed at expanding the role of design and designers working in healthcare.

Andrew Simpson is a director of Dominic Lawson Bespoke Planning, a planning consultancy focussed on large and complex mixed use developments. Andrew is experienced in the creation of urban extensions and sustainable community development. He has studied the critical factors in the successful creation of healthy and sustainable places. He specialises in managing the design and planning process to make successful developments, an example of which is the plan for Springfield Hospital in Wandsworth. Andrew regards architecture and planning as being inherently a branch of the arts and having a fundamental contribution to make to improving quality of life. Andrew has a first-class degree in medical sciences and in social and political sciences from Cambridge University, and an MA in consulting to groups from the Tavistock Centre.

Sandra Stancliffe has worked in the field of heritage learning and community engagement for 23 years. She is currently working at Historic England, the public body which advises on the conservation and protection of the historic environment in England. Her role includes running an education programme for 120,000 school children funded by the Department for Education, developing strategies to involve more people and a wider range of people in heritage volunteering and ensuring that as many people as possible have a stake in looking after our built heritage.

ⁱ Commission for Architecture and the Built Environment (2004), The Value of Public Space, Commission for Architecture and the Built Environment, London.