



All Party Parliamentary Group on Arts, Health and Wellbeing

Museums and Health

Round Table

Monday February 29th 2016 4.00 – 5.30pm

Committee Room 1 House of Lords

The round table on Museums and Health is hosted by the All Party Parliamentary Group on Arts, Health and Wellbeing. It is one in a series of round tables in which practitioners, academics, those with lived experience and managers of services are invited to share their knowledge and experience with parliamentarians. The aim is to inform policy recommendations for the APPG's 2 year Inquiry into Arts, Health and Wellbeing.

The round table will be chaired by **Lord Lupton**. Lord Lupton was Chairman of the Board of Trustees of the Dulwich Picture Gallery for six years and is a Trustee of the British Museum.

Presentation:

Helen Chatterjee, Professor of Biology and Head of Research and Teaching UCL Public and Cultural Engagement at University College London, will briefly introduce the National Alliance for Museums, Health and Wellbeing before a presentation by Esmé Ward, Head of Learning and Engagement at the Whitworth and Manchester Museum, part of Manchester University, Anne Kearton, Occupational Therapist at Trafford Hospital and Jason Spruce, Stroke Survivor.

Discussion with:

David Anderson, Director General, Amgueddfa Cymru - National Museum Wales
Paul Camic, Professor of Psychology and Public Health, Canterbury Christ Church University
Helen Chatterjee, Professor of Biology and Head of Research and Teaching UCL Public and Cultural Engagement at University College London
Jane Grimshaw, Director of Nursing, Trafford Hospital
Sharon Heal, Director, Museums Association
Hilary Jennings, Director of the Happy Museum Project
Joanna Jones, Director, Canterbury Museums
Anne Kearton, Occupational Therapist, Trafford Hospital
Victoria Northwood, Head of Archives and Museum, Museum of the Mind
Dr Mark O'Neill, Director of Research and Policy, Glasgow Life
Laura Phillips, Head of Community Partnerships, British Museum
Helen Shearn, Head of Arts Strategy, South London and Maudsley NHS Foundation Trust
Jason Spruce, Stroke Survivor
Esmé Ward, Head of Learning and Engagement at the Whitworth and Manchester Museum, part of Manchester University
Gillian Wolfe, Learning, Arts and Heritage Consultant

An invited audience will include representatives from the partner organisations for the APPG Arts, Health and Wellbeing Inquiry: King's College London, Guys and St Thomas's Charity and the Royal Society for Public Health Special Interest Group in Arts, Health and Wellbeing.

Biographies of participants

David Anderson began his museum career as an educator at the Royal Pavilion and Museums, Brighton, before moving to the National Maritime Museum in Greenwich, and then the V&A, where he was Director of Learning and Interpretation. In 2010 he joined Amgueddfa Cymru - National Museum Wales as Director General. At Amgueddfa Cymru, he has overseen the development of St Fagans Museum to become the National Museum of History for Wales, and the development of new programmes and research on the role of museums in society, including initiatives to redress the impacts of poverty on children through cultural participation.

Dr Paul M. Camic is a clinical health psychologist and professor of psychology & public health and research director of the Salomons Centre for Applied Psychology at Canterbury Christ Church University. He is founding co-executive editor of *Arts & Health: An International Journal for Research, Policy and Practice* (Routledge Press) and a Fellow of the Royal Society for Arts and Royal Society for Public Health, where he is on the steering committee of the special interest group in arts, health and wellbeing. He is currently Co-I of the AHRC-funded (2014-17) Museums on Prescription research project looking at social isolation in older people.

Helen Chatterjee (Chair and Co-Founder, National Alliance for Museums, Health and Wellbeing) is a Professor of Biology in the School of Life and Medical Sciences at UCL and Head of Research and Teaching in UCL's Department of Public and Cultural Engagement. Her research interests include the value of cultural encounters to health and wellbeing and she has published numerous papers in this area; in 2013 Helen wrote 'Museums, Health and Well-being' by Ashgate Press and she has worked with numerous museum partners and health and social care organisations. In 2015, Helen was awarded an MBE for services to Higher Education and Culture and Health.

Jane Grimshaw has an extensive career in emergency nursing, latter as a Nurse Consultant. Jane was appointed to the Head of Nursing post at Trafford Hospital in August 2012 following acquisition of the hospital by CMFT. Park Hospital as it was formerly known was the birthplace of the NHS, opening its doors on 17th December 1928. Jane has led the nursing team through significant organisation change following the implementation of a new service model. A key strategic aim is the development of an Age Friendly Hospital providing a centre of excellence for rehabilitation and frail elderly, delivered in a therapeutic environment.

Sharon Heal is the Director of the Museums Association, a professional membership organisation that campaigns to promote the value of museums to society. Sharon's background is in journalism, event creation and policy. She has lectured in journalism, the history of museums and museum ethics and has judged prizes and awards including the Clore Award for Museum Learning. She contributed a chapter to *Museums and Public Value* (Carol A Scott, Ashgate) and regularly comments on museums and cultural policy in the UK and internationally. She is on a number of boards and steering groups associated with the cultural sector.

Hilary Jennings is Director of the Happy Museum Project working with museums to develop their role in civil society, buliding resilience through well-being and environmental sustainability. The project works with a community of museums across the UK and is currently developing an intensive 5-year study with museums including Manchester, Woodhorn and Derby Silk Mill. She was co-author of MMM's Sustainable Ability which mapped approaches to climate change across the cultural sector, co-founder of the Case for Optimism, founder co-chair of Transition Town Tooting and is a Trustee of both the Transition Network and Bioregional, founders of One Planet Living.

Joanna Jones has been Director of Museums and Galleries for Canterbury City Council since 2011. She led the museum element of the £14million project to create The Beane House of Art and Knowledge, Canterbury's cultural hub. In the heart of the city a health and wellbeing programme and a strong collaboration with the local community have been embedded. The Beaney has won several national awards including the Collections Trust award for best participatory practice using collections

innovatively for health and wellbeing. Jo is a Fellow of the Museums Association and previously worked as museums lead for Sefton MBC.

Victoria Northwood is the Director of Bethlem Museum of the Mind which was established in 1970 and re-opened to the public in February 2015. The museum is situated at the heart of Bethlem Royal Hospital (founded 1247) which is now part of the South London and Maudsley NHS Foundation Trust. An archivist by profession Victoria has spent over 20 years engaged in cross-sectoral work across archives, museums, libraries and historic houses, with experience in the public, private and charitable sectors.

Dr Mark O'Neill was Head of Glasgow Museums for 10 years before taking on his current role in Glasgow Life, the charity which delivers arts, museums, libraries and sports services for the City of Glasgow. Having set up a community museum in one of the city's poorest areas in 1985, in 1990 he joined the City museums, where he was responsible for a number of award-winning projects including; the Open Museum (outreach service); the UK's only museum of world religions; the largest accessible museum store in the UK; and the £30 million refurbishment of Kelvingrove Art Gallery and Museum.

Laura Phillips is Head of Community Partnerships within the Learning and National Partnerships Department at the British Museum. This department leads on the Museum's understanding of its varied audiences and its tailored learning, partnership and volunteering opportunities across the UK. Laura's work is based upon supporting diverse communities to engage with their heritage through the Museum's collections. Her areas of particular interest are working with supplementary schools, LGBTQ communities, developing interpretation and supporting the sector to be more Age Friendly through the Age Friendly Museums Network - a partnership project spanning the UK with a focus on health and wellbeing.

Helen Shearn is Head of Arts Strategy, South London and Maudsley NHS Foundation Trust (SLaM). She has a BA in Fine Art and Post Graduate Diplomas in Occupational Therapy and arts policy and management. The Journeys of Appreciation Programme is an innovative, cultural programme funded by the Maudsley Charity, engaging older adult in-patients with mental health problems and dementia and staff. The project partners are the Cinema Museum, Dulwich Picture Gallery, the Horniman Museum and Gardens, Tate Modern and Tate Britain.

Jason Spruce is a retired Technology and Art teacher and has always been active and enjoyed walking, photography and painting. He had a Stroke when he was 62, just over 2 years ago and lost the use of his left side completely. Some of his interests became almost impossible to do without a great deal of help. He was one of the first patients to be involved in the Art Group at Trafford General and found the experience invaluable, benefiting from the socialising with staff and other patients. It was very important to him, so much so he now volunteers to help on the ward and at the Art Group.

Esmé Ward is Head of Engagement at Manchester Museum and the Whitworth where she leads award-winning health and culture and age friendly research and programmes. She is Strategic Lead for Culture for Age Friendly Manchester, working across cultural organisations to develop work by, with and for older people. She was one of the expert authors of the Guide to Dementia Friendly Culture and sits on several national and regional health and culture boards and networks. In 2012, the Whitworth received two awards from the Royal Society of Public Health for innovative and outstanding contributions to arts and health practice and research.

Gillian Wolfe CBE has received 29 Awards for building bridges between arts, education, heritage, health, and wellbeing in Dulwich Art Gallery. Ten years ago she developed *Good Times: Art for Older People* and *Prescription for Art* in association with GP practices, both evaluated by the Oxford Institute of Ageing. Strands include intergenerational, outreach and cross arts creative programmes for the elderly. Gillian is Specialist Advisor to the Clore Foundation, a Trustee of Brighton Pavilion and Museums, Charleston, and Arts4Dementia, a member of the British Architects Trust Board, Chair of the RIBA Public Education Committee, and author of 8 children's art books.