



## All Party Parliamentary Group on Arts, Health and Wellbeing

**The Arts, Health and Wellbeing in the Criminal Justice System  
Round Table  
Tuesday 8<sup>th</sup> November  
House of Lords Committee Room 2A  
3-4.30pm**

The Arts, Health and Wellbeing in the Criminal Justice System Round Table is hosted by the All Party Parliamentary Group on Arts, Health and Wellbeing in partnership with the National Criminal Justice Arts Alliance. It is one in a series of round tables in which practitioners, academics, policy makers, those with lived experience and managers of services are invited to share their knowledge and experience with parliamentarians. The information gathered will be used to inform policy recommendations for the Inquiry into Arts, Health and Wellbeing. You can find out more about the APPG and Inquiry here: [www.artshealthandwellbeing.org.uk/appg](http://www.artshealthandwellbeing.org.uk/appg)

**Chair:** Baroness Young of Hornsey

Participants have been asked to consider the following questions:

**What are the benefits of the arts for the health and wellbeing of those in the Criminal Justice System?**

**What changes to policy or practice at local, regional, national level would facilitate more arts and health work happening in Criminal Justice settings?**

After a discussion with the participants listed below, the Chair will open the discussion to the audience.

### **Participants:**

**Graham Beck**, Governor HMP Kirkham

**Alli Black**, Head of Business Assurance, HMP Kirkham

**Elle Byrne**, Clean Break Graduate

**Dr Laura Caulfield**, Assistant Dean, College of Liberal Arts, Bath Spa University

**Sarah Colvin**, Schröder Professor, University of Cambridge

**Alison Frater**, Chair of the National Criminal Justice Arts Alliance

**Rachel Kidd**, Team Manager, Mental Health Inreach, HMP Pentonville

**Arthur Mactaggart**, Artist and ex-prisoner

**Femi Martin**, Spoken word poet and writer

**Lucy Perman**, Clean Break Theatre Company

**Debbie Samuel**, Engagement Worker, London Community Rehabilitation Company

**John Speyer**, Director, Music in Detention

**Hong Tan**, Head of Health in the Justice System, NHS England London

**Richard Ward**, Learning and Skills Team, National Offender Management Service

**Andy Watson**, Artistic Director, Geese Theatre Company

### **Audience:**

An invited audience will include representatives from King's College London, with whom we are collaborating on the APPG Arts, Health and Wellbeing Inquiry, and our other partner organisations: Nicola Crane, Head of Arts Strategy, Guy's and St Thomas's Charity and, on behalf the Royal Society for Public Health Special Interest Group in Arts, Health and Wellbeing, Professor Paul Camic, Canterbury Christ Church University.

## Participant Biographies

**Graham Beck** is the Governor of HM Prison Kirkham, the largest open prison in England and Wales. He has worked for HM Prison Service since 1990 in a number of establishments as a Forensic Psychologist and latterly as a manager and Governor. Before taking up operational positions, he led a team of specialists working with community and Criminal Justice partners to improve the resettlement of prisoners in the North West of England. As part of the Open prison estate, HMP Kirkham offers a varied regime for 650 adult men returning to the community. Art, literature, drama, sport and music continue to have a place in the enabling men to express themselves, use their time productively, and to demonstrate their skills and talents.

**Alli Black**, is Head of Business Assurance at HMP Kirkham. She has worked for HM Prison Service for 20 years, working mainly in the Midlands, with young offenders, young people, and in the cat C estate, as well as Deputy Governor at HMP/YOI Drake Hall (women's prison). She is on the editorial board of the Prison Service Journal, and is a member of the steering group to the National Arts Alliance. More recently she has joined the advisory group of Royal College of Psychiatrists' Enabling Environment programme. She has a degree in the History of Art, and a Masters in Applied Criminology.

**Elle Byrne**, Clean Break graduate.

**Sarah Colvin** is Schröder Professor at the University of Cambridge, and a Steering Committee member for the National Criminal Justice Arts Alliance. She researches prisoner writing and arts in prisons in the UK, US and Germany. She has co-authored evaluations for arts projects in prisons, most recently for the Creative Scotland-funded *Inspiring Change* project (2011) and written a literature review for Clean Break's theory of change (2016). She has published on the uses and function of literature in prisons, on terrorists in prison, and on women's and men's prison writing.

**Dr Laura Caulfield** is Assistant Dean (Research & Postgraduate) in the College of Liberal Arts at Bath Spa University. Laura is an expert in the evaluation of creative programmes within the criminal justice system. She has designed and conducted numerous research evaluations and has received funding from the Home Office, Economic and Social Research Council, the National Criminal Justice Arts Alliance, the NHS, the Youth Offending Service, and several third-sector organisations. Laura is currently Principal Investigator on a project funded by the Ministry of Justice in collaboration with London College of Fashion.

**Dr Alison Frater**, Chair of the National Criminal Justice Arts Alliance, is a senior public sector leader with a profound commitment to social justice keen to use skills in research and policy development to improve health and address health inequalities. Alison has worked as a public health consultant at every level of government including as Director of Public Health in Bristol and in the semi rural/urban area of North Hampshire. Most recently she was Head of Public Health in NHS England (London) responsible for commissioning public health programmes including mental health care in prisons. Now working independently and a visiting professor at Royal Holloway, University of London she has recently completed a health strategy for women in the criminal justice system in London for NHS England (London). She has been chair of the National Criminal Justice Arts Alliance since June 2015.

**Rachel Kidd** is a senior occupational therapist working at HMP Pentonville, who has six years' experience working with offenders with complex social and mental health needs. She is currently the manager of the prison's mental health inreach team and has spent the past year developing the therapeutic programme at the prison daycare centre alongside occupational therapists and psychologists. The daycare centre provides alternative occupation with a focus on therapy for those who have difficulty engaging in work or education. Rachel has specific interests in addressing occupational deprivation and alienation in prisons and in remotivating offenders to engage in meaningful occupation within prison and beyond.

**Arthur Mactaggart** is an artist and ex-prisoner. After a series of mistakes that culminated in convictions and a drug dependency, he began to take creative arts seriously while in prison. He drew and wrote extensively, and his efforts were recognised in the 2014 Koestler Awards. Sober and on the straight and narrow, he has since had paintings shown in several exhibitions including the South West Academy of Fine Art, and was proud to write a guest blog for NCJAA. He is a witness, a beneficiary and a keen advocate for the rehabilitative power of arts.

**Femi Martin** is a writer and performer who has been working in the criminal justice system for five years. She has facilitated creative writing workshops in partnership with organisations including English PEN, The Reading Agency and Geese Theatre Company. Femi is the Founder and Artistic Director of Full Circle Projects, and is a

Koestler Trust board member.

**Lucy Perman** MBE is the Executive Director of Clean Break, a theatre company with a focus on women with experience of the criminal justice system, and those at risk of entering it. The company produces work on stages and at festivals around the UK, as well as delivering theatre education in women's prisons and in the community, from its studios in north London. Lucy's background in the arts since 1987 has included a number of roles in organisations with political, social and educational values with the common thread of arts creating change in society. Prior to Clean Break, Lucy worked for the Community Media Association, People Dancing – the Foundation for Community Dance, and Eastern Arts Association (now Arts Council). Lucy is a trustee of the Almeida Theatre and is a member of the International Women's Forum. She has held a number of past trustee positions including Vice-Chair of the Independent Theatre Council (2001-2007). She received an MBE for her services to drama in 2004. Lucy is joined by:

**Debbie Samuel** is a Support Worker at London Community Rehabilitation Company. This is her first professional job after volunteering recently with User Voice, and engaging with and working for Synergy Theatre Project since 2009 as a performer and workshop facilitator in a number of settings, having been in and out of the criminal justice system from a young age and faced multiple disadvantage including mental health and substance abuse. Debbie is passionate about using this towards a positive outcome with a particular interest in working with vulnerable women where her life experience is especially relevant.

**John Speyer** has been Director of Music In Detention since 2008. Before that he ran a community regeneration organisation in Sheffield, which provided a variety of services to help excluded and vulnerable people improve their lives, and before that he was a primary school teacher and Deputy Head. He enjoys the challenge of developing programmes to tackle complex problems. As a volunteer John has worked to promote human rights and challenge extremism and xenophobia. Music has been an essential part of his life since childhood and he sings in a choir.

**Hong Tan** is Head of Health in the Justice System in NHS England, London. He leads the commissioning of healthcare in the justice system for NHS England, London (prisons, Sexual Assault Referral Centres [SARCs], immigration removal centres, immediate accommodation for people seeking asylum, Mental Health Liaison and diversion services in police and courts). Hong leads the commissioning of the London Havens on behalf of NHS England and the Mayor's Office for Policing and Crime. He represents the Department of Health (DH) and NHS England on the European Union-funded PROMISE programme that seeks to promote the Child House, an international model of best practice that supports children and young people who have been sexually abused. Hong was a part-time adviser to DH on SARCs and lead work to develop the national framework service specification for them. Hong is passionate about improving Health and Social Care and has over 25 year's experience in commissioning across primary, secondary and specialised services in health, local authority and voluntary sector.

**Andy Watson** has worked for Geese Theatre Company since 1997 and has been Artistic Director since 2002. Geese has almost thirty years' experience delivering theatre-based projects in criminal justice settings and is internationally recognised as a leader in the field, twice receiving RSPH's Art and Health Award for innovative and outstanding contributions to mental well-being in the CJS. Most recently, Andy designed and co-delivered Geese's NOMS's funded JourneyMan and Scratching the Surface projects exploring well-being amongst people at risk of suicide and self-harm in the prison estate.

**Richard Ward** joined the Learning and Skills Team in the National Offender Management Service on 1 October 2016 following the Machinery of Government change that moved responsibility for education for adults in prisons in England from DfE to the MoJ. Prior to that, Richard had been policy lead for prison education at the DfE/Department for Business, Innovation and Skills (BIS), where he worked closely with the Skills Funding Agency, NOMS and DWP. Whilst at BIS/DfE, Richard's responsibilities also included policy on adults with learning difficulties and/or disabilities, and on disadvantaged learners generally.